



# Press release

Paris, February 28, 2023

## AXA publishes the third edition of its Mind Health Report

AXA released the third edition of its Mind Health Report today, a study aimed at identifying mental health and wellness issues in society in order to build solutions to mitigate them. The study was conducted in collaboration with IPSOS involving surveys of 30,000 people aged 18 to 74 from sixteen European, Asian and American countries.

*“Thanks to the Mind Health Index, AXA can analyse the evolution of mental health and the well-being of populations in an environment where crises are accumulating. Despite Covid-19, geopolitical tensions and inflation, the mental health of the people surveyed is gradually improving, particularly as a result of preventive measures taken by companies. AXA is fully fulfilling its role as a responsible company by supporting its employees and accompanying its business clients”,* said **Antimo Perretta**, CEO Europe & Latin America and a Member of the AXA Management Committee.

Over the past year, the rate of participants with poor mental health has decreased by 3 points (13% compared to 16%), despite the difficult geopolitical and economic context.

One in two respondents felt happy and confident about the future. The happiest people are in Mexico (64%), the Philippines (62%) and Thailand (61%). On the contrary, this feeling is lowest in Italy (36%), Hong Kong (38%) and Turkey (42%). In France, the feeling of happiness has increased by 5% compared to last year (44% against 39%).

This year's survey shows three main trends:

- 24% fewer women than men feel fulfilled. 40% feel that their skills have been questioned simply because of their gender.
- More than one in three 18-24 year olds believe that addiction to technology and social networking has a negative impact on well-being.
- Employees are three times more likely to thrive if they work in a company that offers mental health support.



---

**ABOUT THE AXA GROUP**

The AXA Group is a worldwide leader in insurance and asset management, with 149,000 employees serving 95 million clients in 50 countries. In 2021, IFRS revenues amounted to Euro 99.9 billion and underlying earnings to Euro 6.8 billion. AXA had Euro 1,051 billion in assets under management as of December 31, 2021.

The AXA ordinary share is listed on compartment A of Euronext Paris under the ticker symbol CS (ISN FR 0000120628 – Bloomberg: CS FP – Reuters: AXAF.PA). AXA's American Depository Share is also quoted on the OTC QX platform under the ticker symbol AXAHY.

The AXA Group is included in the main international SRI indexes, such as Dow Jones Sustainability Index (DJSI) and FTSE4GOOD.

It is a founding member of the UN Environment Programme's Finance Initiative (UNEP FI) Principles for Sustainable Insurance and a signatory of the UN Principles for Responsible Investment.

This press release and the regulated information made public by AXA pursuant to article L. 451-1-2 of the French Monetary and Financial Code and articles 222-1 et seq. of the Autorité des marchés financiers' General Regulation are available on the AXA Group website ([axa.com](https://www.axa.com)).

**THIS PRESS RELEASE IS AVAILABLE ON THE AXA GROUP WEBSITE [axa.com](https://www.axa.com)**

---

**FOR MORE INFORMATION:**

**Investor Relations:** +33.1.40.75.48.42  
an.u.venkataraman@axa.com  
remi.dousteyssier@axa.com  
mikael.malaganne@axa.com  
anna.alemaskina@axa.com  
michael.safi@axa.com

**Individual Shareholder Relations:** +33.1.40.75.48.43

**Media Relations:** +33.1.40.75.46.74  
julien.parot@axa.com  
alexiana.cirier@axa.com  
baptiste.denis@axa.com

**Corporate Responsibility strategy:**  
[axa.com/en/about-us/strategy-commitments](https://www.axa.com/en/about-us/strategy-commitments)

**SRI ratings:**  
[axa.com/en/investor/sri-ratings-ethical-indexes](https://www.axa.com/en/investor/sri-ratings-ethical-indexes)